



SCOTTISH FA / UEFA C LICENCE (CHILDREN'S) COURSE



NOTHING
MATTERS
MORE

An opportunity to enter the UEFA C Licence (Children's) pathway through the Scottish FA, delivered at your own convenience through a unique blended-learning approach.

UEFA C LICENCE (CHILDREN'S) - COURSE OUTLINE

On completion of the UEFA C Licence (Children's) course, the candidate will be able to provide a positive developmental experience that enhances the players' enjoyment, knowledge, and skill, and must demonstrate competences both:

- (i) Practically; by demonstrating an ability to apply the following principles; and
- (ii) Theoretically; by being able to demonstrate understanding of the following:

THE COACH

- Creating an opportunity to play football for players of different ages, genders, backgrounds and abilities within small sided games (children's football)
- Benefits of the player-centred approach and positive coach behaviour
- Inspiring a lifelong desire to play football and stay involved in the game
- Basic coaching skills
- Planning and delivering safe and appropriate coaching activities for children
- Analysing and reviewing coaching activities

THE ENVIRONMENT

- Maintaining a positive motivational climate
- Creating a consistent, safe and positive learning environment
- Organisation of the sessions and activities

THE PLAYER

- Holistic development of a player:
 - Technical, Physical, Psychological and Social
- Improving players' basic techniques and understanding of the game
- Encouraging players to think for themselves
- Enabling players to experience the health benefits of regularly playing football and improving their overall fitness
- Instilling in players values of fair play and respect

THE GAME

- Planning and delivering various small sided game formats with an emphasis on fun, enjoyment and development
- Using the game and game related practise as a tool to help players in their personal and football development
- Basic technical and tactical understanding of the game
- Basic small sided game management principles
- Key benefits and principles of the basic training methods

UEFA C LICENCE (CHILDREN'S) - ENTRY REQUIREMENTS

The Scottish FA Children's Coaching Licence will build on the competencies gained by the coach through the completion of the Scottish FA Children's Coaching Award. Entrance to the Scottish FA / UEFA C Licence (Children's) course will therefore require completion of the following:

- Children's Wellbeing in Scottish Football (e-learning)
- Mental Health in Scottish Football (e-learning)
- Introduction to Coaching
- Children's Coaching Certificate
- Children's Coaching Award

Candidates are advised to have access to players of 7 or 9-a-side age for the duration of the UEFA C Licence (Children's) journey, to allow exposure and practice of course content. Entrance will also be granted to the following:

1. Those that have completed Scottish FA Level 1 courses on the Children's Pathway prior to 2020, and where all certification remains valid.
 - Early Touches (1.1)
 - Coaching Young Footballers (1.2)
 - Coaching in the Game (1.3)
2. Those in possession of a the UEFA C Licence (Youth/Adult) or Children's Coaching Licence, or Children's Award (or equivalent), where all certification remains valid.
3. Admission may be granted to those with coaching qualifications from other National Associations. Any other qualifications used to apply for exemption must be age & stage specific to the children's game.

Please email Catherine.Sharp@scottishfa.co.uk with a full curriculum vitae (CV).

In each of the cases noted above it is expected that prior to application, each applicant has a Scottish FA Live account and has completed both the Children's Wellbeing in Scottish Football (e-learning) and Mental Health in Scottish Football (e-learning) courses within the past three years.

UEFA C LICENCE (CHILDREN'S) - BLENDED LEARNING APPROACH

PHASE 1&2

£170

BACKGROUND READING



- On registration for Phase 1 of the Scottish FA / UEFA C Licence (Children's), resources and background reading will be made available in your Scottish FA Live account. This is of particular importance for those that completed the Level 1 courses pre-2020.

VIRTUAL CLASSROOMS



- Three x 90-minute online theory modules. Groupings will be created and scheduled to participate in three virtual classroom experiences. Candidates will interact with course tutors and other learners as they learn and share experiences.

SELF-DIRECTED LEARNING: ASSIGNMENT SUBMISSION



- Course candidates will undertake a series of assignments through self-directed learning on the following topics:
 - Individual Learning Needs Analysis
 - Physical Preparation Task
 - Position Specific Task
 - Systems of Play Task (7v7 & 9v9)
 - Logbook Sessions:
 - Training Session Plans
 - Coaching in the Game Sessions

SELF-DIRECTED LEARNING: E-LEARNING



- Course candidates will complete the 'Equality in Scottish Football E-Learning' course that will cover the following topics:
 - Diversity and Inclusion within Scottish Football
 - Exploring Potential Barriers
 - Creating an Inclusive Environment
 - Discrimination in Society
 - Hate Crime in Scottish Law
 - Equality in Law

PHYSICAL PREPARATION (CHILDREN) COURSE



- A 6-hour course, delivered entirely online over Zoom. Similarly to the virtual classrooms from Phase 1, course tutors will lead the course candidates through topics such as:

- Injuries and ways to help prevent these in child footballers
- Developing key movement skills
- Integrating fitness within training
- Impact of relative age effect (RAE)
- Nutrition, sleep and wellbeing

FOOTBALL PSYCHOLOGY COURSE



- A 3-hour course delivered entirely on Zoom. This course is relevant to the psychological aspects of being a coach and covers topics such as:

- Culture
- The 6 C's
- Relationships
- Mindset
- Self-awareness

PHASE 3

£260

IN-PERSON COACHING PRACTICE & PRACTICAL ASSESSMENT



- 24-hours (likely to be delivered over 4-days) of in-person coaching practice delivered by candidates in a local environment, giving the opportunity for peer and tutor feedback and assessment. Coaching practice and assessment will be on the following sessions:

- Conducting a Training Session
- Coaching in the Game sessions

Phase 1 & 2 must be completed prior to accessing Phase 3. Coaches must attend Phase 3 within one year of having undertaken Phase 1. All Phases can be booked on Scottish FA Live and on successful completion of all three phases, the UEFA C Licence (Children's) will be awarded.

To book: www.scottishfalive.co.uk/scottishfa/coached

Frequently asked questions and support: coachedsupport.scottishfa.co.uk/support/home

Further enquiries: Catherine.Sharp@scottishfa.co.uk

SCOTTISH FA / UEFA C LICENCE (CHILDREN'S) COMPLETION - NEXT STEPS

To be admitted to an Advanced Children's Licence course, candidates must hold a valid UEFA C Licence (Children's) or Children's Coaching Licence and have completed a minimum of six months of any coaching experience working with children by the Advanced Children's Licence start date.

SCOTTISH FA CHILDREN'S AWARD (LEVEL 2 COURSE, COMPLETED PRE-2020); ASSIMILATION TO SCOTTISH FA CHILDREN'S LICENCE

The Scottish FA Children's Award (the Level 2 courses completed prior to 2020) will still be recognised for Club Licensing purposes and Scottish FA Advanced Children's Licence entry until the end of 2023.

Details will be issued in due course for those coaches that wish to assimilate from a Scottish FA Level 2 Children's Award to a Scottish FA / UEFA C Licence (Children's).