

Scottish FA Extra Time Programme FAQ's

1. What is the Extra Time Programme?

The [Extra Time Programme](#) is joint initiative with the Scottish Government and the Scottish FA which aims to support local football clubs and trusts to provide before and after school and holiday activity clubs for primary school age children from low income backgrounds.

2. What is the purpose/aim of the Extra Time Programme?

The main purpose of the Extra Time Programme is to support the Scottish Government in its work to tackle poverty by building and designing a system of accessible and affordable school age childcare which will be funded for primary school aged children from low-income families.

This Project will develop a better understanding of how provision of organised activities for children, alongside local support services (where appropriate), can improve outcomes for those families on low incomes, with a particular focus on:

- reducing inequalities in access to a range of activities around the school day for children.
- reducing barriers to employment by improving access to childcare for targeted families. Improved access to childcare can enable parents or carers to take up, sustain or increase their hours of work or to take up study, or training opportunities.
- improving outcomes for children and families by providing access to life enhancing experiences.
- improving family health and wellbeing by supporting and increasing access to integrated childcare, food, activities (and respite for parents and carers).

3. Are there currently any football clubs currently providing after school and holiday clubs?

Yes. The Scottish Government is currently working with Ayr United Football Academy (AUFA). AUFA are delivering an after-school and holiday activities programme during the Summer, October and Easter holidays. The service is open to four primary schools and reaches families who live in the most deprived part of South Ayrshire.

More information about their services can be found here:

<https://youtu.be/HSTMfIEomdM>

4. What children and families will be eligible for the Extra Time Programme and why?

The Scottish Government's [Tackling Child Poverty Delivery Plan 2022-26](#) recognises the importance that high-quality, affordable and accessible childcare can make towards the national mission to tackle child poverty.

The intention is that primary age children (those children in Primary 1 to Primary 7) from target families, including children from low-income families should benefit from access to the Extra Time Programme to improve outcomes for both parents and children.

As a guide, six priority family types have been identified as being most at risk of living in poverty, in the Tackling Child Poverty Delivery Plan:

- Children from lone parent families
- Children from ethnic minority families
- Children from families with a disabled adult or child
- Children from families with a young mother (under 25)
- Children from families with a child under 1 year old
- Children from larger families (3+ children)

It is ultimately however, the responsibility of the club and trust to determine who is eligible for the funded or subsidised offer. We know that clubs and trusts and their local partners will have a better awareness and understanding of the children (and families) within their community who stand to benefit the most. This might include but not be limited to those children who:

- have experience of care (including children whose parent(s) have experience of care.
- are subject to a kinship or guardian order; or
- have experience of trauma

5. Who is eligible to apply?

This project will build on the Scottish FAs primary function of promoting, fostering, and developing football at all levels in Scotland. Applications are therefore welcome from grassroot clubs through to Professional level; however, we would expect applications to come from clubs and organisations who are embedded in their local community and are seeking to create long lasting programmes to support all.

6. How is the funding being provided?

Football clubs and organisations are eligible to apply for funding to start delivery of before and after school clubs and holiday clubs from Autumn or Winter 2023.

Funding is being made available for this project up to 31 March 2024, however clubs are invited to submit an initial business case for funding until August 2024.

7. My club or organisation already receives money from the Scottish Government, can I apply for this fund too?

Yes. If you already receive funding from the Scottish Government, you are still eligible to apply, however clubs will need to demonstrate in their application that:

- the grant funding being applied for is NOT to fund or bolster work of an existing project that is already being delivered through another Scottish Government award.
- the grant funding for the Extra Time Programme is being used to deliver a new initiative that will deliver the aims and outcomes of the Programme and how this differs from any existing project being funded by the Scottish Government.

8. Can clubs work in partnership to submit a joint application bid?

Yes. We would encourage clubs to seek opportunities to work together to ensure highest impact and benefit for children and families. For example, this could be particularly beneficial for rural and island communities who may wish to work together to deliver services to children and families where there are low population rates, issues with securing a school or suitable setting space and/or transport challenges.

Clubs who already receive funding from Scottish Government to deliver school age childcare services are permitted to work in partnership with other clubs and trusts to support delivery of new services (if they are not directly receiving any additional funding for the project).

9. How much funding can a club apply for?

The Extra Time Programme will seek to provide a minimum funding of around £30k and a maximum of circa £150k to clubs whose applications are successful in meeting the funding principles and key criteria.

10. What are the funding principles?

Clubs should demonstrate how their service model will offer improved outcomes for children, families and the community through the funding principles outlined below:

- An increased accessibility to organised children's activities for targeted families.
- A better understanding of the role that organised children's activities can play in delivering food/tackling food insecurities.

- More parents and carers from targeted families can sustain and/or increase their working hours, and/or improve their employment circumstances, take up training, studying or facilitate respite opportunities.
- A better understanding of the impacts on mental health and wellbeing for children, parents, and carers.
- A better understanding of additional impacts and outcomes that are realised because of providing targeted families and communities with access to funded organised activities.
- Engagement with parents, carers, and communities to increase community involvement and the numbers of children and families participating in grassroots clubs and organisations.

Clubs and trusts should demonstrate in their application how those children and families within their communities will benefit from funded or subsidised access to their activity club.

Clubs and trusts should set out how they aim to provide access to the local club after school in order to extend the school day – clubs should be looking to offer a service which runs from the end of school day until a time that meets family’s needs. Organisations should consider how they will pick up or operate from schools, including transport and staffing considerations.

In holiday periods, the expectation would be that clubs are offered for full days to meet families’ needs.

11. What other expenditure can clubs account for within their application?

Clubs are asked to consider and include all costs which will be require in order to deliver an accessible and affordable activity service.

Eligible costs which can be included within the grant funding are:

- Staffing costs to support the delivery of the Project.
- Facilities hire to deliver the organised activities.
- Subsidised activity costs for local clubs.
- Resources required to deliver the activity provision, including the provision of food.
- Transport costs to facilitate and enable travel for children to attend the activity.
- Equipment required to deliver the organised activity provision.
- Costs associated with the full monitoring and evaluating of the Project.

Costs which are **excluded** are:

- any Value Added Tax (VAT) reclaimable

- any employment costs arising from legal obligations, for example parental leave, sick leave, redundancy
- profit earned by a subsidiary or related enterprise or person(s) in providing service or materials for the grant purpose directors' dividends
- staff relocation costs
- insurance costs (which is the responsibility of the Grantee)
- costs not directly supporting the grant purpose.

12. Is capital funding available to support the infrastructure needs to support delivery?

The grant funding does include some 'eligible' capital costs which will be considered as part of a clubs bid. For example, facilities or pitch hire, transport, equipment required to deliver sports and activities.

13. Why are clubs being asked to work with local partners within their communities'?

The Scottish Government is taking a people-centred and place-based approach to building and designing an accessible and affordable system of school age childcare, funded for those on the lowest income. This means it will be designed by those who access it and those who deliver it, focused on the needs of the people living and working in their local communities.

The Scottish FA knows that engaging early and often with local communities is crucial to building relationships and activities that are valued by parents and children alike.

The Scottish FA will assist organisations to co-design their work with the communities they will support, to ensure support is relevant and meaningful to the children and parents/carers who will benefit from the project.

Local clubs should therefore set out how they will work collaboratively with children and families to provide and deliver a service that meets their needs. Clubs and trusts should also engage with key partners in the community, such as local primary schools to gain a better understanding of the wider challenges and issues that families face to support the wider community.

14. Can I operate the proposed service out of a school rather than at the club?

If the children and families within your community express a preference for the club to be operated at the school rather than the football club, this would need to be discussed and agreed with the Head Teacher of the preferred Primary School.

15. If the club isn't ready to apply for funding this Financial Year, will there be future opportunities?

The intention is that this round is the first round of a longer-term investment plan beyond 23/24 to develop clubs' infrastructure, to improve links with other public and third sector agencies, increase the number of families and children supported and ultimately offer sustainable models of best practice across Scotland.

The Scottish FA is taking a three-stream approach with projects categorised based on scale, complexity, and investment level, which would be directly related to the needs and likely end impact for each of the clubs identified.

This phased approach would see clubs deliver from i) early academic term 23/24 ii) late autumn 23 and iii) 2024 onwards depending on clubs' capacity, experience, and current stakeholder engagement. This would be an informed by an evidence-based process, considering the size and scale of the clubs in question, the next stage as identified in club development plans and programme capacity required to achieve the next stage.

Applicants for this year's funding have been asked to build a case for delivery up to August 2023 as part of their bid.

16. What support will the clubs receive to deliver their club/project?

The Scottish FA will work with clubs to determine the best ways in which we can reduce inequalities of access to football/ activity provision, while also identifying key success criteria and evaluation indicators, related to outcomes to determine the success of the project.

The Scottish FA's regional network will work with successful applicants to ensure that their project bid is delivering the expected outcomes for children and families, and clubs are reporting on the key objectives and providing qualitative and quantitative data.

The Scottish FA and their regional network will also act as a source of guidance, linking all successful project clubs together to share knowledge, learning and best practice.