

UNDERSTANDING YOUR RIGHTS IN SCOTTISH FOOTBALL

WHEN YOU TAKE PART IN FOOTBALL YOU HAVE THE RIGHT TO:

BE SAFE



HAVE FUN



HAVE A SAY IN THINGS THAT AFFECT YOU



For example, what you enjoy and don't enjoy at your football club



Every football club has a Child Wellbeing and Protection Officer. It is their role to make sure everyone keeps you **safe** and to **listen and help** you if you are worried about anything.



All adults at your club have a responsibility to make sure you **have fun** and **feel safe**! When adults make decisions about you they will be made in **your best interests**. Your club will help all adults to understand how to do this.

When you are at football there will always be **at least two adults** coaching or helping before, during and after your football activity.

The club will speak to your parent/carer about your football activities. Photographs taken by the club will only be used to celebrate your involvement in football and will be with your parent/carer's permission.



NOTHING MATTERS MORE

ALL ADULTS SHOULD:

- ✓ Make football fun and enjoyable
- ✓ Be friendly and kind
- ✓ Respect you and everyone involved in the game
- ✓ Help you to respect and be kind to others
- ✓ Talk to you about what you think and how you feel and listen to what you have to say
- ✓ If they need to touch you to show you how to do a football skill or help you if you injure yourself, they will explain to you what they are going to do and ask you if you are ok with it. If you are not then you have the right to say no



ALL ADULTS SHOULD NEVER:

- ✗ Make you feel bad or upset or uncomfortable
- ✗ Shout or swear at you or use bad language
- ✗ Embarrass or make fun of you
- ✗ Speak to you in a way that makes you feel uncomfortable
- ✗ Be alone with you without another adult there
- ✗ Contact you by telephone or through social media about your football or anything else



IF YOU ARE WORRIED ABOUT YOURSELF OR SOMEONE ELSE, YOU SHOULD:

Talk to your **parents or your carers**, or another adult who you trust, maybe your **coach** or a **teacher**



Talk to the **Child Wellbeing and Protection Officer**



Talk to someone whose job it is to listen to you, for example, **ChildLine 0800 1111**

childline



NOTHING MATTERS MORE